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### 8 December 2022



If you're wondering about the banner above, so did we until **Landcare Australia** explained that they'd been searching for a "hero" image to celebrate the works of over 500 Coastcare groups around Australia and our photo had caught their eye. Would we agree to share?

Of course, we agreed! www.facebook.com/landcareaustralia

The photograph was taken at the official launch of the Melaleuca Wetlands Weed Control Project on World Wetlands Day 2020. Coastcare embarked on the <u>project supported by Healthy Land and Water</u> in 2019 through funding from the Australian Government's National Landcare program to undertake weed reduction and rehabilitation as part of an effort to protect threatened species and Ramsar values.

The chemical-free project is supported by Redland City Council with on-going effort of Coastcare volunteers who maintain designated work-zones through the Wetlands.

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## Celebrate Coastcare Week on Coochiemudlo Island Sunday 11 December 2.30 - 4.30 pm

We'll be weeding and tending the dunes along the conservation shoreline at Outriggers Beach then enjoying refreshments. Please join us for the last official working bee of the year.

**MEET** Where the Coastcare flags fly at the picnic area by the bollards, Victoria Parade South

**WHEN** From 2-30 – 4-30pm followed by a cuppa, and chat

**BRING** BYO water and just a reminder to wear covered shoes, long pants, hat, sunscreen & insect repellant.

Newcomers are always welcome. Please ring Jane on <u>0479139527</u> or Bryan on 0487054127 with any query.



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### **Connecting with Nature and boosting mental health**

The recent mindfulness workshop to commemorate Mental Health Week drew an enthusiastic group of participants who took time out from hectic work-lives to tend the .Melaleuca Wetland

The workshop, sponsored by Conservation Volunteers Australia and facilitated by Bushtekniq provided opportunity to reconnect with the land and oneself while deepening observation, listening and tracking skills. A productive weeding session followed by smoko under the trees strengthened individual well-being

Connecting with Nature has been proven to boost well-being according to research /https://landcareaustralia.org.au/wellbeing-report

## Infrastructure Grant will assist building project

An early Christmas present from Redland City Council last month with advice that Coastcare had been awarded a Capital Infrastructure grant in the 2022-23 Community Grants Program.

Due to the program being heavily subscribed following removal of the requirement for a 50% co-contribution for Small grants, our amount was halved to \$5,000.

We're now actively seeking further funding to assist with the site development and Stage One construction of an Environmental Hub on land made available by the Queensland Government and Council in September. Further detail <a href="http://eepurl.com/h">http://eepurl.com/h</a> 2VKn

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Popular winner of the Coastcare raffle,
Gary Stanley took delivery of his prize
after his Yellow Ticket K29 was drawn at
the Christmas party at the weekend.
Thanks to all who supported the raffle
which raised over \$1200 in the week
between the markets and party.
Sponsors played a key role in the success
of the fund-raiser with an eye-catching red
wheelbarrow from Bunnings and
Christmas goodies courtesy of Fable
Ladle, Woolworths, Coles and the
Australian Wine.

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A wonderful night was enjoyed by all who attended Coastcare's Christmas break-up at the Community Hall on Saturday night. From the ambience, lighting, food and music it was hard to fault. Thanks to Damon and everyone who made the night such an outstanding success.

# Coochiemudlo Island Coastcare gears up for 10<sup>th</sup> Birthday

Tentative planning is already underway to celebrate a decade of caring for our island. Please save the date, Saturday 4 February to help us celebrate this milestone and also commemorate World Wetlands Day.

On 13<sup>th</sup> January 2013, 13 people met on the verandah of Carolyn Brammer's "Mudlo" to form a Coastcare organisation. Little did we realise the impact of that decision in the short-term.

A fortnight later we were struck by a storm surge from ex TC Oswald that devastated our eastern shoreline <a href="https://coochiemudloislandcoastcare.org.au/projects/shoreline-erosion/">https://coochiemudloislandcoastcare.org.au/projects/shoreline-erosion/</a> That's when the journey started.

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## **Lions Christmas cakes/puddings**

Coastcare is distributing Lions Christmas cakes and puddings on island. If you'd like to order one please phone Vivienne on 0411226363 or Jane on 0479139527

The Management Committee takes the opportunity to wish members and friends best wishes for a joyous Christmas and a happy New Year.

### Catch you on the beach!

Vivienne Roberts-Thomson, President Mob 0411226363
Bryan Dyball, Vice-President Mob 0487054127
Jane Caldwell, Secretary Mob 0479139527
Betty-Ann Bellette, Treasurer Mob 0448802545
Tom Lima, Committee Mob 04322303060
Helen Pickford, Committee
Nici Buirski, Committee Mob 0481865431
Jay Lima, Committee Mob 0413123121

## A reminder - annual memberships now due Membership fees

- Single annual membership \$2
- Family annual membership \$5
- Life Membership Single \$50
- Life Membership Family \$100

If your details have changed please fill out a <u>membership form.</u>

Choose your membership level and Direct Deposit to Coochiemudlo Island Coastcare Inc –

Commonwealth Bank BSB 064-149 Account 10096929.

#### You can:

- Return your form with payment to 94 Victoria Parade, Coochiemudlo Island; or
- Email your form and a copy of your payment receipt to <a href="mailto:coochiecoastcare@gmail.com">coochiecoastcare@gmail.com</a>. (If paying electronically, please include your full name as the reference.)

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